



# ALL SAINTS' CHURCH

*"Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation."*

**Our Vision:** *"We strive to be a haven of healing, reconciliation, joy and peace in service to our wider community and beyond, so that our example in prayer and practice may reflect Christ's love for us all."*

## THIS SUNDAY — August 15 & Beyond

### Lay Aside Immaturity and Live



What the readings for this coming Sunday point to is clearly the need to grow in wisdom--the true wisdom coming from above, the one that enables us to discern God's will for us, and to attain abundant and everlasting life.

The Book of Proverbs refers to wisdom in a personified way—a feminine person. She invites all, especially those who are simple, and even those who have no sense, to come and eat of her bread and drink of her wine freely. Her intent is to change the miserable lives of those who are misled by their self-centered delusions and debaucheries into lives which are worth living, because they have a purpose and an insight. The purpose, even if not explicitly stated in the passage, is to do God's will.

It is worthwhile noticing how the bread and wine are used as symbols of the spiritual nourishment that wisdom constitutes for those who willingly want to feed on the knowledge of God.

Bread was the commonest type of solid food for most people in the Mediterranean World of that time. In most cases, the word *bread* was used to refer to food in general, as it is still used in our contemporary world. And wine was a common drink for those people as well. The cultivation of grapes and the making of wine were common activities of the day.

It comes as no surprise then, that Jesus Himself used these two elements as representing His body and blood during the last supper with His disciples before He suffered death.

In his letter to the Ephesians, the Apostle Paul insists that Christ's followers must no longer live in an unwise way, but wisely, and discern the will of the Lord. He warns them against the foolishness of falling into addictions such as drunkenness, which only temporarily seem to please their senses, but eventually lead to destruction and death. Instead, Paul encourages the new converts to engage in activities that lead them to be filled with the Holy Spirit, such as the singing of hymns and psalms, and a grateful attitude towards God throughout their lives.

What Paul said then is still more than valid today. Perhaps even more so.

Today's world is full of futile entertainments enticing us to engage in activities which only selfishly please our senses for a while, and end up debasing our human nature, which ought to reflect the image of our Creator instead.

When our lives are so vainly and foolishly self-centered, we lose our insight and purpose in life. We make Christ's redeeming sacrifice on the cross futile for ourselves, and for those who are consciously or unconsciously affected by the way we live.

Jesus urges us to feed on Him, to make His life our own, symbolized in the eating of His flesh and the drinking of His blood, as the constituents of His whole being. True wisdom is embodied in Jesus Christ Himself. So by feeding on Him we partake of this infinite wisdom, the wisdom coming from God. This is the wisdom that can really transform foolish and wasted self-centered lives into lives full of purpose and insight, into abundant lives to be shared in loving care with all those who surround us, into lives that shine with God's light, and transcend all limitations of time and space: real lives.

**Fr. Carlos E. Expósito, Rector**

**Readings for this Sunday – The Twelfth Sunday after Pentecost**

**Proverbs 9:1-6 Psalm 34:9-14 Ephesians 5:15-20 John 6:53-59**

## **CALENDAR**

**Note: We are worshipping in our historic church. The service will also be on Zoom. The service time is 10am. Tuesday Noon Mass and Friday Morning Prayer are held in All Saints' St. Mary Chapel.**

**SUNDAY The Twelfth Sunday after Pentecost**

**10:00am Mass in All Saints' Church**

**Join Zoom Meeting from our web site at [www.allsaintschurch.org](http://www.allsaintschurch.org)**

**Recording of Mass available before noon at [www.allsaintschurch.org](http://www.allsaintschurch.org)**

**TUESDAY** Noon Mass in St. Mary Chapel

**FRIDAY** 10:00am Morning Prayer in St. Mary's Chapel

**SUNDAY** The Thirteenth Sunday after Pentecost

10:00am Mass in All Saints' Church

Join Zoom Meeting from our web site at [www.allsaintschurch.org](http://www.allsaintschurch.org)

Recording of Mass available before noon at [www.allsaintschurch.org](http://www.allsaintschurch.org)

**OUR CORE VALUES:**

- Welcoming Strangers like Old Friends
- Embracing the Anglo-Catholic tradition
- Being Dependable Members of a Caring Community
- Respecting Each Other's Differences
- Being Faithful Stewards of God's Gift
- Remembering that God Loves Everyone Unconditionally

An Anglo-Catholic Parish in the Episcopal Diocese of San Diego  
[www.allsaintschurch.org](http://www.allsaintschurch.org)